

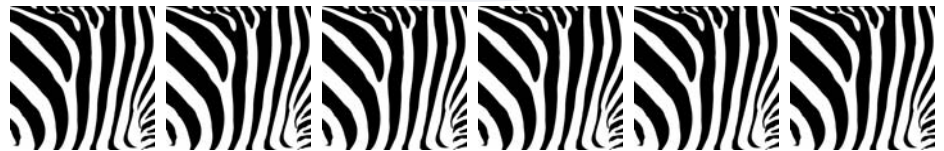
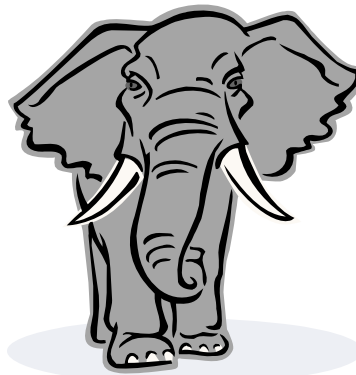
Volume 2, Issue 2

May 2010



Elephant Bar & Restaurant NGAOK Fundraiser

Every Thursday In May, the Elephant Bar and Restaurant will give 20% of eligible proceeds to benefit the National Guard Association of Oklahoma. To take advantage of this offer, please take a copy of the special promotional flyer to the restaurant and present to the wait staff upon placing your order. Flyers may be found at www.ngaok.org or via your command group. Thanks to manager Mike Tuttle and our friends at the Elephant Bar and Restaurant. Please help support this fundraising event during regular restaurant hours.



NATIONAL GUARD ASSOCIATION OF OKLAHOMA

NGAOK Newsletter

Help Raise Money
For

National Guard Association

Escape the Ordinary!
Join us for lunch or dinner on

Thursdays in May

Present this flyer to your server and Elephant Bar Restaurant will donate 20% of your check to your organization.

Not applicable with Senior Explorer cards, Safari cards or other discounts or special offers. Donation excludes tax, gratuity, alcohol, merchandise and/or gift cards. Valid only for date and location printed on flyer.



Global Grill / Wok Kitchen

Elephant Bar Restaurant
1845 NW Expressway
Oklahoma City Oklahoma
73118
405-879-1701

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EANGUS 39th Annual Conference St. Louis, Missouri August 8-11, 2010



It is time to start planning for the upcoming EANGUS Annual Conference in St. Louis, Missouri. This years dates are 8-11 August 2010 with travel dates being the 7th and 12th. *Military airlift has been requested; however, has not been confirmed.* Should military airlift become available, our departure from Oklahoma City will be on Saturday, 7 August and return Thursday, 12 August. Time of departure from OKC and/or Tulsa will be published at a later date.

EANGUS Conference registration is \$100.00 and the Oklahoma fee is \$45.00 for a total registration fee of \$145.00. The Oklahoma fee is used to offset the cost of food and beverage provided in the Oklahoma hospitality room.

NOTE: All registrations with payments MUST be in the NGAOK Office by the close of business on 01 July 2010. Registration Fees are \$145.00 before 31 July 2010 and \$170.00 after 31 July 2010. This price includes the \$45.00 NGAOK Hospitality Fee.

All attendees must be members of NGAOK and EANGUS. If you are unsure of your membership status please call the NGAOK Office at 405-475-2152.

Oklahoma was only able to block 26 rooms at the hotel for the Oklahoma delegation. The room rates are \$111 plus taxes and fees. We anticipate the rooms will fill up quickly so please get your registrations and room request in as soon as possible.

It is our sincere hope that we can continue the high visibility at our conferences as we have over the last several years. Oklahoma has set a standard that other states strive to achieve. Come join us for four fun-filled days in St. Louis, Missouri.

Registration form and information can be found on the website at www.ngaok.org or contact the NGAOK office at (405) 475-2152.



NGAOK Junior Enlisted Sponsorship Program

Here is your opportunity to get involved with the Enlisted Association of the National Guard of the United States (EANGUS) and the National Guard Association of Oklahoma (NGAOK).

Just fill out the application And you will have a chance to attend the 39th Annual EANGUS Conference free. This year's conference will be held in St. Louis, Missouri on 8-11 August 2010. Travel days will be the 7th and 12th. Application deadline is June 30th, 2010.

Information and application can be found online at www.ngaok.org





132nd NGAUS General Conference Austin, TX August 21-23, 2010



The 132nd General Conference of the National Guard Association of the United States (NGAUS) will convene in Austin, Texas on 21 August, and will run through 23 August, 2010.

We will gather this year under the theme "**America's Solution**". The Guard has proven the monetary and military value of the Citizen-Soldier and –Airman to our republic, especially now in these times that challenge us all.

The first business session will begin at noon on Saturday, 21 August. The second business session will occur on Sunday morning 22 August, and the third, on Monday morning, 22 August. NGAUS will conduct the Army and Air Guard Separate Sessions on Monday morning, 23 August. All Business Sessions will be held in the Austin Convention Center. Specific meeting times will be announced later in the summer.

The Committee on Resolutions will hold its first meeting on the afternoon of Friday, 20 August at 1400.

NGAUS Conference registration is \$165.00 and the Oklahoma fee is \$45.00 for a total registration fee of \$210.00. Oklahoma was to block 70 rooms at the Sheraton Austin for the Oklahoma delegation. The room rates are \$145 plus taxes and fees.

NOTE: All registrations with payments MUST be in the NGAOK Office by the close of business on 01 July 2010.

The Company Grade mixer will be held at Scholz Garten and the Warrant Officer Mixer will be at Stubb's BBQ. This year for the Spouses Luncheon, Texas has set up 4 different Adventures for your spouse to attend, Riverwalk Ramble, Texas Hill Country Antiques, Shopping Therapy and Remember The Domain

The States Dinner will be Texas Formal, this means blue jeans, cowboy boots and white shirts.

So dust off your cowboy boots and cowboy hat and join us in Austin, TX for the 132nd NGAUS General Conference.

Registration form and information can be found on the website at www.ngaok.org or contact the NGAOK office at (405) 475-2152.



Upcoming Events:

- Every Thursday in May—NGAOK Fundraiser @ the Elephant Bar Restaurant
- May 20th NGAOK BOD Meeting @ 90th TRC Classroom , 1730
- May 31st—Memorial Day
- August 8-11 EANGUS St. Louis, MO
- August 21-23 NGAUS Austin, TX





**NATIONAL GUARD ASSOCIATION OF
OKLAHOMA**

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LinkedIn!!**

Gardening Tips for the Month of May

The month of May is time when the weather can either turn your garden into an Eden, or a wasteland.

Shrubs & Trees—

1. It's not too late to fertilize your trees and shrubs
2. Remove any sucker growths from fruit trees as soon as they appear

Perennials, Annuals, and Bulbs—

1. Dahlias, Gladiolas, tuberous Bego-

nias, Lilies and Cannas can be planted this month.

2. Remove spent flowers from any plant unless your intent is to harvest the seeds.

Lawn—

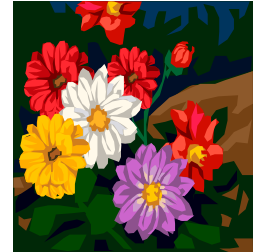
1. May is a good month to repair your lawn.
2. Set your mower for a higher cut during the spring months will help the grass to grow in fuller and help choke out the weeds.

Odds & Ends—

The first flowers you'll see will be your weeds. Work to eliminate the weeds before they have a chance to go to seed.

HAPPY GARDENING!!

The Garden Helper 1997-2010
www.thegardenhelper.com



May Can Bring Bad Weather in Oklahoma

Be Prepared, planning and preparation ahead of time will ensure that you have supplies and information you need to get through the storm. Discuss a safety plan with your family. Be sure they know where to go in case of emergency weather conditions. Things to include in the plan are: Emergency Supply Kit, Have a meeting place and emergency contact numbers. Have a drill at least once a year to ensure everyone knows what to do and where to go during a tornado. Tornadoes can be devastating and life altering disaster. Knowing how to be prepared ahead of time will ensure that you are taking the best measures to get through it safely.

*Information provided by 2005 GoogoBits.com

*<http://www.googobits.com/articles/p0-387-what-to-do-before-during-and-after-a-tornado-strikes.html>

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